

Gathering

FREEDOM

Freedom: the Merriam-Webster defines it as the power or right to act, speak, or think as one wants without hindrance or restraint. Freedom has been fought over, manipulated, bartered and often, died for. However, freedom in the worldly sense hardly seems to be “without hindrance or restraint.” We may have freedom of speech, but often feel confined by what others think of us. We have freedom to make mistakes in order to grow, but why are we so afraid of error? When Christ died for us, it was for absolute freedom. Freedom to be unashamed of our sinful past, unashamed of the Gospel and unashamed to live freely as sons and daughters of our Heavenly Father. When we accept Christ, we pick up a cross and bear weight. Life isn't magically perfect, but we are allowed to live knowing that our freedom isn't defined by the restrictions of earth. Through Christ, we actually CAN have the power and right to speak without hindrance or restraint.

After sharing the Scripture, use at least three of the questions below with your group:

- If the Scripture refers to freedom, why do you think we are called ‘slaves of God’?
- In what ways do you not feel free within the church? What can or should be done about it?
- Define what freedom looks like in your own spiritual walk right now.
- Where do you see the tie between freedom and holiness?

After sharing, you may wish to take time to discuss how, as a group, accountability can be held to encourage a deeper exploration of scripture or even offer a fun challenge of memorizing a new verse per week. Be sure to hand out the Monthly Scripture Card and Take Home Sheet.

Complete your monthly report and turn it in to the Corps Officer.

Romans 6:22

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If the **Scripture** refers to **freedom**, why do you think we are called '**Slaves** of **God**'?

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In what ways do you not feel **free** within the church? What can or should be done about it?

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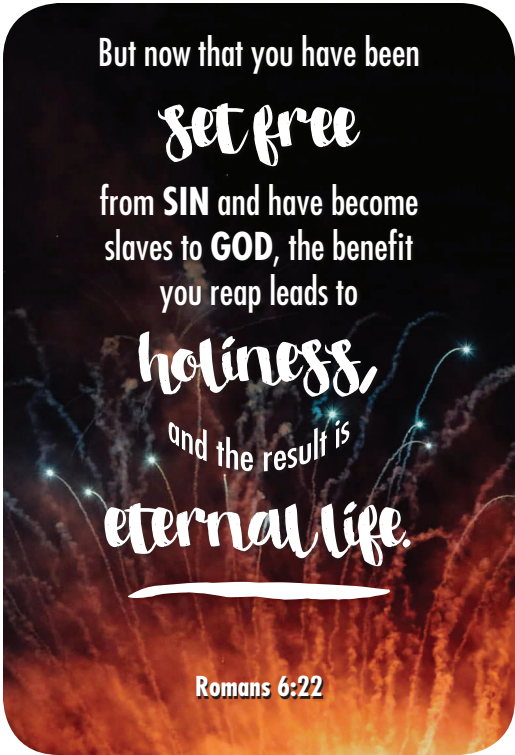
FREEDOM

Define what **freedom** looks like in your own **Spiritual** walk right now.

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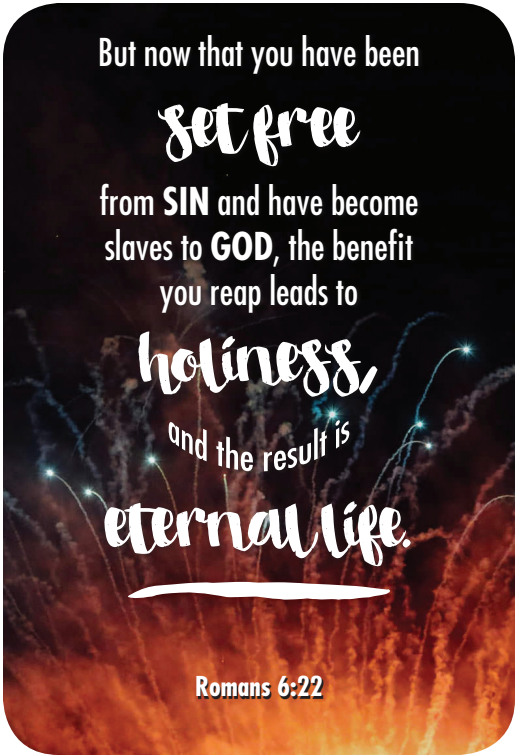
FREEDOM

Where do you see the tie between **freedom** and **holiness**?



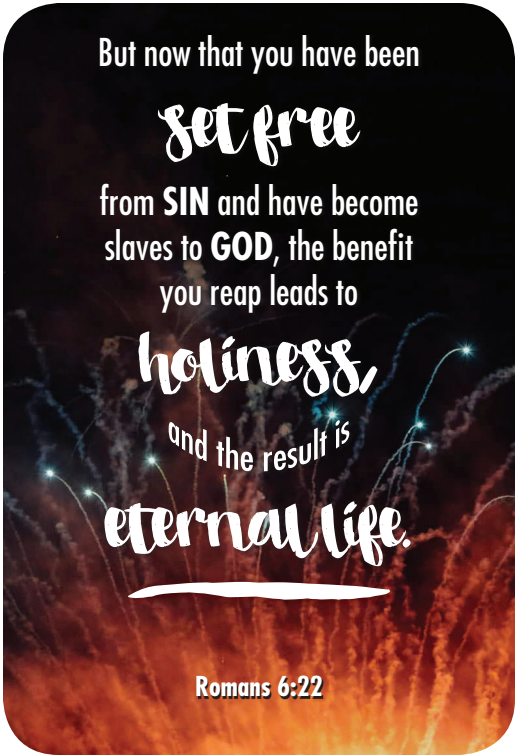
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from **SIN** and have become
slaves to **GOD**, the benefit
you reap leads to
holiness,
and the result is
eternal life.

Romans 6:22



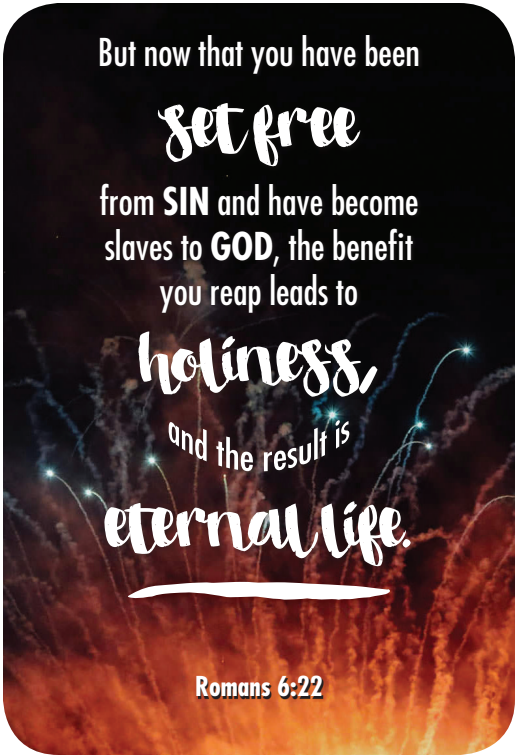
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Emotional Freedom

We all have some unresolved emotional baggage from our past. Who is the first person (deceased or living) or situation that makes you feel emotional bondage? This is your opportunity to let go of some things you have been holding onto. Write a Thank You letter, Goodbye letter or Empathy letter to whoever you have been allowing hold onto you. In writing this letter, whichever it needs to be, you can begin to experience freedom from emotional pain. The freedom in this area will benefit you and others. God doesn't want us to be a slave to our emotions



Spiritual Freedom

Reflect on these words throughout the month and decide to live intentionally free:

It is absolutely clear that God has called you to a free life. Just make sure that you don't use this freedom as an excuse to do whatever you want to do and destroy your freedom. Rather, use your freedom to serve one another in love; that's how freedom grows. For everything we know about God's Word is summed up in a single sentence: Love others as you love yourself. That's an act of true freedom. If you bite and ravage each other, watch out—in no time at all you will be annihilating each other, and where will your precious freedom be then?

Galatians 5:13-15 The Message (MSG)



Physical Freedom

- OR {
- 1 Attach the **Emotional Freedom** letter you have written and place inside a balloon and symbolically give it to God.
 - 2 Burn the **Emotional Freedom** letter you wrote. By burning it, you are committing to letting this pain go.



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