

Gathering

PRAYER

Let's be honest...sometimes our minds wander when we pray. Walking with the Lord for many years, maybe you've tried changing your prayer position, praying out loud, or even journaling. No matter what you try, your mind doesn't stay engaged.

If you do a topical study on prayer, you will find hundreds of scriptures. You will find many of those scriptures are prayers from saints and sinners pleading for God to hear and answer. I, too, have found myself pleading with God during times of distress.

Isn't it ironic that we are the ones pleading in prayer for His attention when we are the ones prone to distraction?

After sharing the Scripture, use at least three of the questions below with your group:

- The pressures of society affect my prayer life when...
- I don't feel like praying when...
- What are some areas in your life that you need help praying for?
- How do you think the Holy Spirit helps you to pray?

After the sharing, you may wish to take time to discuss how, as a group, accountability can be held to encourage a deeper exploration of scripture or even offer a fun challenge of memorizing a new verse per week.

Be sure to hand out the Monthly Scripture Card and Take Home Sheet.

Complete your monthly report and turn it in to the Corps Officer.

Romans 12:12



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The pressures of **society** affect my **prayer** life when...



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I don't feel like **praying** when...



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What are some **areas** in your life that you need **help** praying for?



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How do you think the **Holy Spirit** helps you to **pray**?

“BE
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in *hope,*

PATIENT
in AFFLICTION,

faithful
in prayer.”

Romans 12:12 (NIV)

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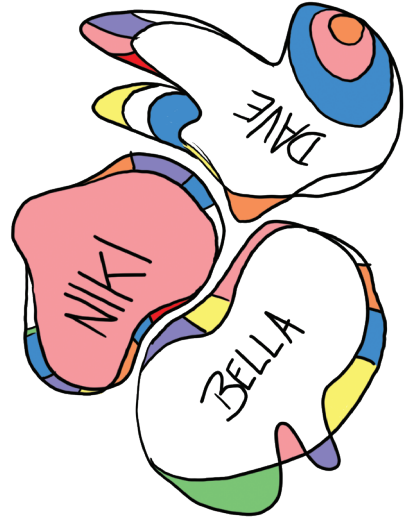
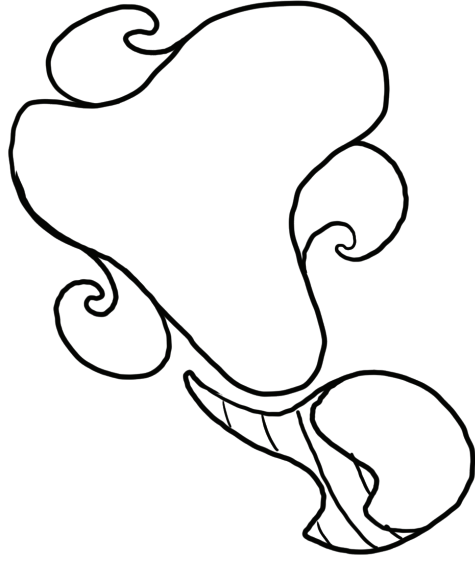
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Can you remember your school days and doodling in class?

We want you to apply that same concept to help your mind stay engaged during prayer by doing some “divine doodling”. We have started you off with some simple shapes below: The idea is very simple and adapted from “*Praying in Color*” by Sybil Macbeth. Begin by quieting your heart and let the Lord lead this time of prayer. You can choose specific people or circumstances to pray for; add each name in a space. As you draw, you will pray for the need. Pray in color this week and it may just change your prayer life!



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