

# Gathering

## GRATITUDE

**A**re you looking forward to celebrating Thanksgiving this year? It's the one time of year when our thoughts are focused on things for which we can give thanks: our personal religious freedom, our country, our family and friends, and the list goes on and on! We approach this season with grateful hearts – or do we? My friend sings a song that asks:

*Are you humbly grateful or grumbly hateful?*

*What's your attitude?*

*Do you grumble and groan,*

*Or let it be known*

*You're grateful for all God's done for you?*

I wonder how many times we are really grumbly hateful – or at least appear that way to others around us! Do we spend more time complaining and grouching than we do recognizing the blessings in our lives? Grumbling is sometimes our default attitude! Studies show that we can live happier, more fulfilled lives if we take time to recognize all the things in life for which we can be grateful – the big and the small things!

Scripture tells us: “Give thanks to the Lord, for he is good; his love endures forever.” II Chronicles 16:34. A great reminder for us to let it be known we are grateful for all God's done for us!

After sharing the Scripture, use at least three of the questions below with your group:

- Are you humbly grateful or grumbly hateful in your everyday attitude?
- Why do you think it's easy to fall into the grumbly default attitude?
- Share at least five blessings with someone in your group. How can we share with grateful hearts all that God has done for us?
- How can you recognize blessings and remember with a grateful heart?

Listen to this song and talk about blessings that have come through difficulties: “*Blessings*” by Laura Story

<https://www.youtube.com/watch?v=4mmgV6mPvb0>

**Psalms 136:1**

**Complete your monthly report and turn it in to the Corps Officer.**

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Are you humbly **grateful**  
or grumbly hateful in  
your everyday **attitude**?



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Why do you think it's easy to fall into  
the grumbly default **attitude**?



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Share at least five blessings with  
someone in your group.  
How can we share with **grateful**  
hearts all that **God** has done for us?



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How can you recognize blessings and  
remember with a **grateful** heart?



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blessings that have come through  
difficulties:

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# With Grateful Hearts

## Take the challenge!

This week, spend the last 5 minutes of the day recording or drawing 5 things you can be thankful for and record them below:

