

THE SALVATION ARMY 2021

grow

TEEN MINISTRY RESOURCE



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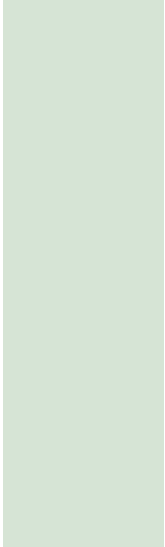


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MODULE

*GROW
IN
DISCIPLESHIP*

EIGHT

MODULE 8 OUTLINE

Girls will learn: The choices you make are important. Who you choose to follow matters.

KEY VERSE

“Since you have heard about Jesus and have learned the truth that comes from him, throw off your old sinful nature and your former way of life. Instead, let the Spirit renew your thoughts and attitudes.” Ephesians 4:21-23 NLT

MODULE COMPONENTS

1 CREATE ENERGY

Labyrinth - Can you find the correct path through the maze? Don't make a wrong turn!

2 GET HANDS ON

Choose Your Own Adventure - Work through a “choose your own adventure” story as a group.

Pick A Path - Get creative by writing your own Pick-A- Path story.

3 GOD'S WORD

Following Jesus - Following Jesus often means unfollowing something else – but it's totally worth it!

4 APPLICATION

Spiritual Disciplines - Discipline isn't a bad word – in fact, spiritual disciplines can help us to better follow Jesus.

5 TALK ABOUT IT

Entertainment - The Sunday School song warns, “Be careful little eyes what you see” – but why is this important, and how do we protect ourselves?

6 LIFE SKILLS

Dating - While we aren't encouraging the girls to date right away, most girls will date at some point in their teen years. Talking about it ahead of time will help them make wise decisions when they do.

SUGGESTED 4 WEEK SCHEDULE

Week 1: Create Energy, Get Hands-On

Week 2: God's Word, Application

Week 3: Talk About It

Week 4: Life Skills

A LETTER TO THE *LEADER* ↙

In his book *Spiritual Waypoints: Helping Others Navigate Their Spiritual Journey*, Bob Whitesel suggests that there are 17 waypoints along one's spiritual journey, ranging from having no awareness of a supreme being at all to a place of full spiritual convergence. Somewhere in the middle of this journey, at Waypoint 7, is where we find "New Birth." This is the penultimate moment of choice for any believer, when they make the decision to become a disciple by aligning their life with that of Jesus and deciding to follow him.

While your girls may be at various waypoints along this spectrum, at some point they will (hopefully!) come to the place where they need to make a choice to follow Jesus and identify as his disciple in order to continue to grow spiritually. Sometimes it takes an invitation from someone who is farther along the spiritual spectrum to bring one to this moment of decision. Perhaps God is calling you to encourage someone to make this choice. Pray about it, asking God to reveal these people to you, and then trust that the Holy Spirit will help you to posture yourself in such a way as to guide seekers in taking the next step on their spiritual journeys.

CAPTAIN LAURA VAN SCHAICK

*Women's Ministries Program and Resource Officer
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Create Energy

LABYRINTH

WHAT YOU NEED:

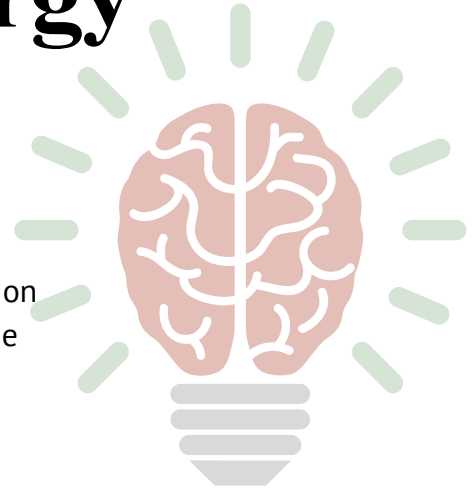
- Masking tape or painters' tape (you will be putting this on the floor, so choose whatever will be appropriate for the floor you are using)
- A stool or stable chair (for the leader to stand on)
- A copy of Appendix 8-A,

BEFORE YOU BEGIN:

- Create a 5x7 grid on the floor using the masking or painters' tape. Make each square approximately 50cmx50cm, or big enough for a person to stand inside.

WHAT TO DO:

- The object of this team-building activity is to get everyone through the "labyrinth," from "start" to "finish," one at a time.
- Position the stool or chair close to the grid. The leader will stand on this holding Appendix 8-A, which shows the correct path through the labyrinth (do not let the girls see it!)
- Position the girls at the starting side of the grid (they will not know which square to enter through.)
- Read out the rules of the game. Rules are as follows:
 - When the girls begin to solve the labyrinth, no further talking is allowed.
 - The girls may not use any tools or implements to solve the labyrinth (eg, no "breadcrumbs")
 - While the labyrinth is being solved, only one girl may enter at a time.
 - When a girl steps on an incorrect square, they must return to the beginning of the labyrinth and start over again.
 - If a girl makes a mistake, they are not allowed to be the next person to enter the grid – someone else must try.
- Give girls five minutes to discuss and collaborate on a plan to solve the labyrinth.
- When five minutes is up, the leader tells the team they may begin to solve the labyrinth.
- When a girl steps on a correct square, the leader says "CONTINUE"
- When a girl steps on an incorrect square, the leader says "STOP, TRY AGAIN"
- Continue until all girls are through the labyrinth.



OPTIONS

- 1 Instead of serving as the leader yourself, you could create two grids and divide the girls into two groups. Have each group select a “facilitator” and provide them each with a copy of Appendix 8-A. The event would then proceed as a race.
- 2 You could create variations on the path through the labyrinth and time how long it takes the girls to solve each course. Do they get faster with experience?



Get Hands On

CHOOSE YOUR OWN ADVENTURE

WHAT YOU NEED:

- A Netflix account
- A smart TV screen (or ability to play Netflix)

WHAT TO DO:

- Search for a G or PG-rated Netflix Interactive such as Puss In Book: Trapped in an Epic Tale (available in Canada in 2020 – Netflix offerings are subject to change.) This is an interactive “choose your own adventure” film.
- Watch this film together, allowing girls to select whether to go “right” or “left” at each pause in the story.

Option: If a Netflix Interactive is not available, you should be able to find Choose Your Own stories online or in the library – just be sure to check that whatever you choose is appropriate for a teen audience.

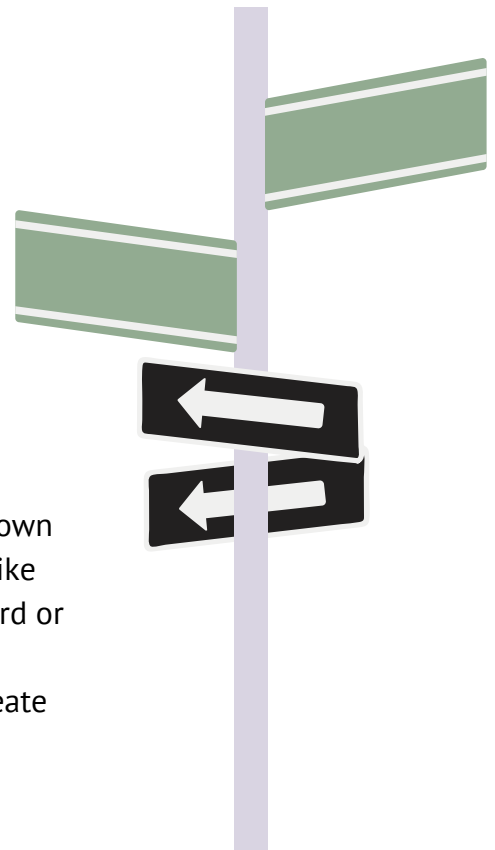
PICK A PATH

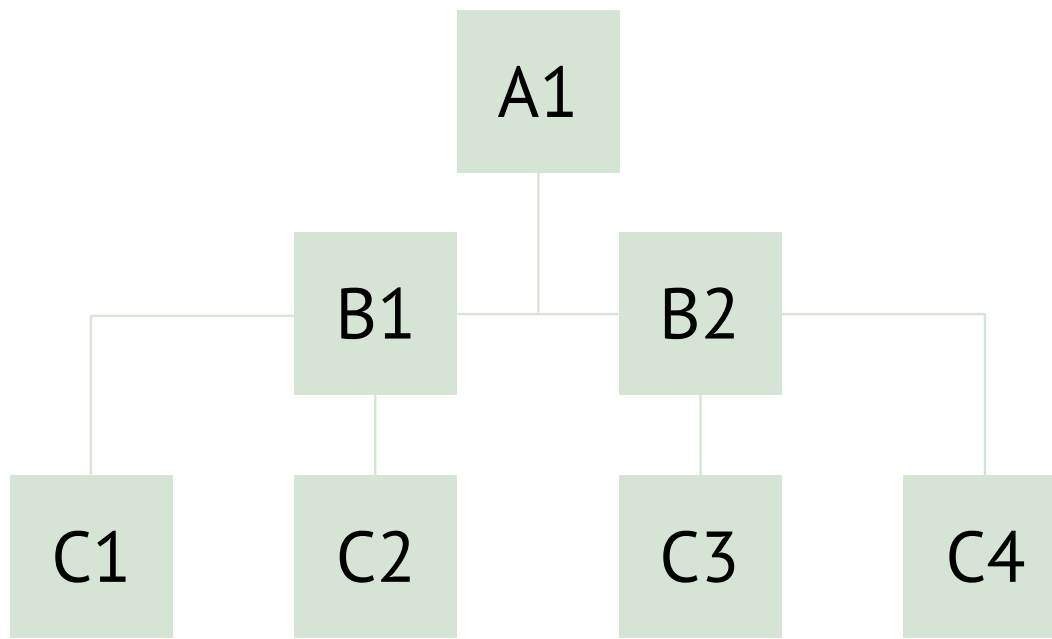
WHAT YOU NEED:

- A whiteboard, chalkboard, or chart paper
- Markers or chalk

WHAT TO DO:

- You will be working together as a group to write your own “pick-a-path” story. You will be following a flowchart like the one to the right. You can write it on your whiteboard or chart paper:
- A1 – Create a story starter. You can use this one, or create your own:





“Fatima and Kathryn had been hiking all day. Now they were miles from the closest city. The sun was starting to set, and Fatima suggested that they head back. Kathryn agreed that was a good idea. The girls looked around for some trail markers. They couldn’t find any. “Oh, no!” said Fatima, “We’re lost! And there’s no cell service out here!”

At this point, you need to come up with two possible choices that your characters can make. These will be B1 and B2. For example:

It’s starting to get dark. Fatima and Kathryn decide to try to make camp for the night. Go to B1.”

OR

“It’s starting to get dark. Fatima brought a flashlight, so she takes it out and the girls start walking towards the setting sun, hoping west is the way home. Go to B2.”

- As a group, decide what happens to the characters based on each decision. Use the white board or chart paper to write down your ideas.
- Once you have a short narrative for B1 and B2, repeat steps 2-3 for C1, C2, C3 and C4.
- Continue until you reach a conclusion to the story (endings can be happy or tragic – it’s more fun if you make a couple of each!) Feel free to make the story longer or more complex if your girls are really interested in this.

Option: If you have two leaders, it could be fun to do this activity in two groups. Then, swap stories and let the other group pick a path through the stories.

God's Word



FOLLOWING JESUS

Luke 5: 1-11

The Sunday school song, “Fishers of Men” chronicles the calling of the first disciples as told in the synoptic gospels of Matthew, Mark and Luke:

*I will make you fishers of men, fishers of men, fishers of men.
I will make you fishers of men if you follow me.*

The second verse outlines some simple “how-to”s of discipleship:

Read your Bible, pray every day, and you'll grow, grow, grow.

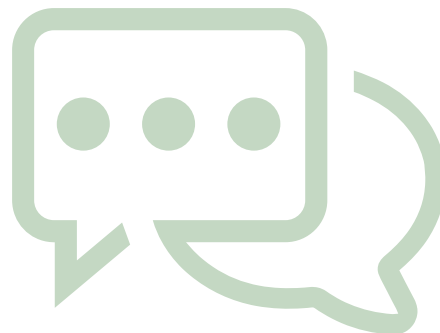
Discipleship is a choice. Just like we must choose to turn right or turn left at a fork in the road, we must also make a choice to follow Jesus or not. And often, if we choose to follow Jesus, it means choosing to unfollow something else. While your girls may think that the decision to follow Jesus means unfollowing things like fun, ambition, and success, it's important to remind them that becoming a disciple of Jesus isn't about restrictions. Rather, it's about choosing things that will be life-giving as we become Jesus' apprentices and seek to live like him. After all, Jesus promised us life, and life abundant! (John 10:10)

But that doesn't mean that discipleship is easy. Sometimes, choosing to follow Jesus mean taking the road that is rife with obstacles and challenges. Sometimes following Jesus includes breaking bad habits or being ridiculed at school. Jesus told his first disciples that in this world they would have trouble, but that they could take heart because he had overcome the world. (John 16:33)

Your girls can take heart also. While choosing to follow Jesus is a big decision, they should know that Jesus promised to send his Holy Spirit to be with us every step of the way.

Discussion

Remind the girls of the activities you have already completed in this module. As girls walked through the Labyrinth, they recognized the importance of taking the right path to succeed. In the Choose Your Own Adventure and Pick-A-Path Story activities they were reminded that the choices made affected the story's outcome.



It's the same with our lives. If we want our lives to reflect that of Jesus, we need to choose to follow him, but we can't follow him if we are following something (or someone) else down a different path. It's important for girls to learn that following Jesus often means unfollowing something else.

Read Luke 5:1-11 together.

Ask -What persuaded these men - Simon Peter, James, and John - to follow Jesus? (They saw the miracle of the fish, they may have heard his teaching, Jesus gives them an exciting task – to fish for people!)

Ask – What did these men leave behind in order to follow Jesus? (Their boats and fishing nets, their careers, their families, their homes, etc.)

Ask–These men become Jesus' first disciples. What is a disciple? (The student of a teacher, leader, or philosopher; one who gives full loyalty and support to another; in Bible times, a disciple would be an apprentice of a master teacher, and the disciple would shadow or follow their master for several years before taking up the trade themselves.)

Explain – In choosing to become Jesus' disciples, these men had to give up things like their regular schedules, living in their homes, and their careers. They also had to give up their worldviews and some of their beliefs as they learned from Jesus' teaching. But they also gained much. They saw Jesus perform incredible miracles and were able to perform some themselves. They saw new places and met new people. And they learned much about how to serve their community, and about the character of God.

Ask – What are some of your favorite people or things to follow and keep up with? (Allow time for responses.) Do you show that same kind of devotion to Jesus? Why or why not? (Allow time for responses.)

Explain - Each of us can make a choice to follow Jesus and become one of his disciples. And while not all of us will need to leave as much behind as the first disciples did, we will all need to let go of some part of our past life in order to follow Jesus.

Ask – Following Jesus means making him our highest priority. What might we need to “leave behind” to make it that way?

You may want to mention some suggestions such as:

- Following Jesus means unfollowing performance
- Following Jesus means unfollowing some bad habits that are dishonoring to God
- Following Jesus means unfollowing selfish desires

It may also be important to remind girls of what they DON'T have to leave behind to follow Jesus, such as:

- Following Jesus does not mean unfollowing ambition
- Following Jesus does not mean unfollowing joy
- Following Jesus does not mean unfollowing fun

Jesus says in John 10:10 NLT, “My purpose is to give them a rich and satisfying life.”

Ask – What will we gain by following Jesus?

You may want to mention some suggestions such as:

- A purpose for living
- Hope for the future
- A new worldview that promotes justice, love and peace
- Forgiveness of sins
- Healing from past hurts
- The presence of his Spirit (Holy Spirit) to be our strength, comforter, and wisdom

Say – Sometimes it can be difficult to let go of the bad habits that may keep us from following Jesus fully. Thankfully, we don't have to do it alone. Jesus has given us his Holy Spirit as a helper to assist us.

Read Ephesians 4:21-24 together.

Application

SPIRITUAL DISCIPLINES

WHAT YOU NEED:

- One copy of Appendix 8-B, the Spiritual Disciplines resource from the Spiritual Life Department at The Salvation Army Canada and Bermuda Territory

DISCUSSION

Ask – Do you find it easy or hard to commit to something for a long period of time? (Allow time for response.)

Ask – If you have already decided to follow Jesus, do people know you have made this commitment, or do they have to guess? (Allow time for response.)

Ask – What would help you stay strong in your commitment to follow Jesus? (Allow time for response.)

Explain – There are some things we can do to help us in our commitment to following Jesus: Spiritual Disciplines. “Discipline” can sound like a bad or scary word, but it simply means doing something intentionally. Being engaged in spiritual disciplines is basically being spiritually disciplined when it comes to absorbing the truth of God’s Word deeply into our bodies, hearts, minds and souls. It is two-way communication between us and God.

There are many different types of spiritual disciplines that we can do to help us stay strong in our commitment to follow Jesus.

Using the Spiritual Disciplines resource developed by the Spiritual Life Department at The Salvation Army Canada and Bermuda Territory, talk about the various types of spiritual disciplines. Ask girls to consider which discipline(s) they feel would be most beneficial to them.

LECTIO DIVINA

The phrase “Lectio Divina” may sound more daunting than “Spiritual Discipline,” but fear not! Lectio Divina is Latin for “Divine Reading,” and it is a popular and powerful way to connect with the Bible.

You may wish to teach this to the girls by allowing them to try it once with you. Lectio Divina requires 4 steps:

1. Lectio (Read)

Read through a select portion of scripture, inviting the girls to listen carefully for any words or phrases that seem to jump out. Inviting them to write these words down may be helpful.

2. Meditatio (Reflect)

Read through the passage a second time, inviting the girls to focus further on the words or phrases that jumped out the first time – is there anything else in this passage that seems to tie in with these?

3. Oratio (Respond)

Read through the passage a third time. Now it's time to respond by inviting the girls to share what stood out to them in the passage, or if they sensed God saying anything to them through the words.

4. Contemplatio (Rest)

Read through the passage a final time. Allow 5-10 minutes of time for quiet contemplation and prayer. As the leader, you may end this time by offering a prayer for the group.

Scripture passages to consider using for Lectio Divina:

- Matthew 14:22-33 (Jesus walking on the water)
- Mark 4:35-41 (Jesus calms the storm)
- Mark 10:46-52 (The healing of Blind Bartimaeus)
- John 8:2-11 (Jesus and the adulterous woman)

*If your girls have smartphones, there are several good Lectio apps available. As of spring 2020 in Canada, we recommend **Lectio 365**.*



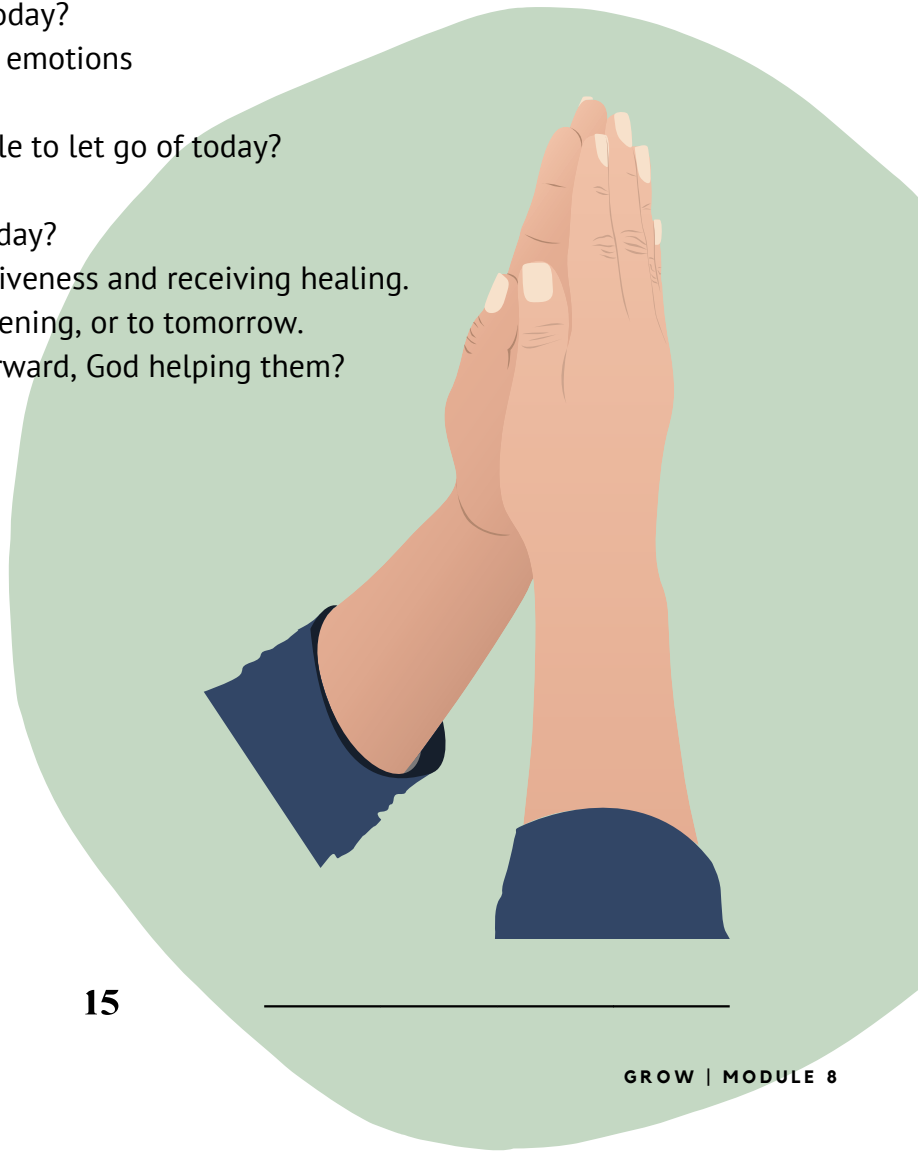
THE EXAMEN

The Examen is a model of prayer first suggested by St. Ignatius Loyola in his Spiritual Exercises. Traditionally this would be done twice daily – at noon and at the end of the day – though most who practice this today only do it once daily, in the evening.

The Women's Ministries Department of The Salvation Army Canada and Bermuda Territory has developed a tool to assist with starting a rhythm of Examen Prayer. It can be found at <https://salvationist.ca/women-s-ministries/toolkit/examen-prayer/>

You may wish to teach this to the girls by allowing them to try it once with you.

- Allow the girls to find a quiet, comfortable spot. Invite them to breathe deeply and become aware of God's presence.
- Invite the girls to review the day with gratitude.
 - What are they thankful for today?
 - Who did they connect with today?
 - How did they connect with God's creation today?
 - How did they move their body today?
- Invite the girls to connect with their emotions
 - How did they feel today?
 - What expectations were they able to let go of today?
- Invite the girls to recognize failures.
 - What mistakes did they make today?
- Invite girls to repent, asking for forgiveness and receiving healing.
- Invite girls to look forward to the evening, or to tomorrow.
 - How can they live well going forward, God helping them?



PRAYER:

God, today I choose to follow Jesus. I recognize that this might not always be the easy choice, but I know that it is the best choice. Help me to be a good disciple, and to make Jesus the most important thing in my life. Thank you for sending your Holy Spirit to be with me on this journey. Amen.

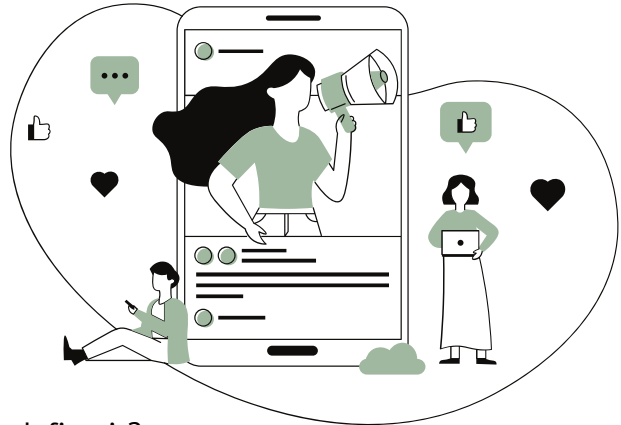


Talk About It

Talk About It makes use of Faith Based Facilitation (FBF), which is a way of helping people think, talk, explore and respond to issues in the light of faith. It results in the development of healthier people and communities who enjoy deeper relationships. Please reference the “Talk About It” section of the Introduction to Grow leader’s document prior to starting for an outline on the Faith Based Facilitation model.

ENTERTAINMENT

Most of us hate being bored. So, we find ways to keep ourselves entertained! Whether it’s Netflix, listening to music, going to the movie theatre, or even browsing social media, there are lots of ways we keep ourselves entertained – and a lot of it is media-based. But is there such a thing as too much entertainment? A study done by the American Academy of Pediatrics suggests that there is a correlation between the amount of mass media teens consume and the number of risky behaviors they engage in. In this Talk About It, we explore entertainment consumption and how we should respond to it as Christians.



DISCUSSION

Open with prayer.

STEP ONE: WHAT IS THE ISSUE

- What is meant by entertainment? Can we define it?
 - Dictionary.com defines entertainment as “the action of providing or being provided with amusement or enjoyment.”
- What is the entertainment industry?
 - The entertainment industry is made of mass media companies that control the distribution of mass media entertainment.
- What types of entertainment do you usually gravitate towards?
 - Netflix, movies, Spotify, video games, phone games, etc.
- Name three realities of entertainment in our world today? - Some examples may include:
 - - *We are surrounded by it, and it is easily accessible.*
 - - *If we aren’t watching blockbuster movies or listening to top 40 music we can feel left out of social circles.*

Have girls ask themselves the following:

Why am I watching/listening to/reading _____?

- To be inspired to live a better life?
- To learn something that will help me solve a problem in my life?
- To understand more about people and how relationships work?
- To stretch my mind or see life from a different perspective?
- To keep informed about what's going on in the world?

OR

- To kill time so I don't have to engage with the world around me
- To drown out the silence
- To get a buzz or to experience a vicarious thrill
- To avoid doing something I really need to do
- To experience intimacy with people on TV rather than developing real relationships

That's not to say that we can't watch something "just for fun," but we should be examining our hearts when it comes to the entertainment we consume. Other examples may include:

- Schedule a 1-hour break from all media/entertainment each day.
- Talk to my mentor about the shows I watch and/or the music I listen to.



1 Toler, Stan. Rethink Your Life: a Unique Diet to Renew Your Mind. Vereeniging: Christian Art, 2009.

- Mass media can affect the way we think. It can also shape the view and values of the world around us. For example, in 2019 some suggested there was a spike in teen suicide due to the popularity of the Netflix release 13 Reasons Why.
- The media we consume can skew a person's knowledge of a specific topic.

You may want to make note of the American Association of Pediatrics study that suggested there was a correlation between the amount of mass media consumed and the number of risky behaviors exhibited in teens.

STEP TWO: DESCRIBE AND ANALYZE

- Elaborate on the issues. Invite girls to share personal anecdotes if appropriate.
- You may want to ask girls why they choose the specific shows, movies, songs, etc. that they watch or listen to, and how the entertainment they are consuming makes them feel?

STEP THREE: REFLECT AND EVALUATE

- What does the Bible say about entertainment consumption? - Some examples include:
- 1 Corinthians 10:23 NLT says, *"You say, 'I am allowed to do anything – but not everything is good for you. You say, 'I am allowed to do anything – but not everything is beneficial.'"* Many types of entertainment are available to us and consuming these is not sinful/wrong. But it may not all be good for us either.
- Romans 12:2a NIV says, *"Do not conform to the pattern of this world, but be transformed by the renewing of your mind."* We should not allow mass media to mold our thoughts. Instead, we should use our minds to think critically about the things we are viewing and come to our own conclusions.
- Philippians 4:8 NIV says, *"Whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is admirable – if anything is excellent or praiseworthy – think about such things."*

STEP FOUR: DECIDE AND PLAN

- - Draw some conclusions together about steps we can take personally and collectively in light of this discussion. How shall we live? Try to decide on two directives and/or goals.
- While we don't want teens to delete their Spotify accounts or stop watching TV, we do want them to be able to evaluate what they are listening to and watching, and we want them to be able to self-evaluate what is going to be beneficial and what may be harmful. It may be helpful for them to determine what their motivation is for plugging into a certain form of entertainment.

Life Skills

DATING

While we aren't encouraging the girls to date right away, the truth is that most girls will date at some point in their teen or young-adult years. Whether they are already dating, thinking about dating, or not yet ready for dating, thinking about how to have a healthy dating experience can be an incredibly helpful life skill for your girls to have.

Leaders, be aware that this may bring up memories of negative dating experiences or may cause girls to realize that they are currently in an unhealthy relationship. Be prepared to offer pastoral care as needed, and to refer girls to seek help in the form of counselors, etc. if necessary. For more information on providing pastoral care for teens in crisis, see the Grow leader's guide.

SPEED-FRIENDING

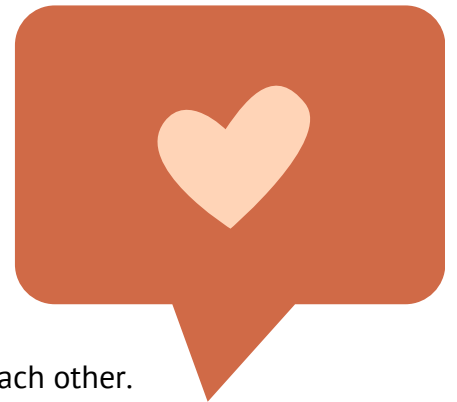
Just like speed dating, but with friends! This will be a fun way to get the girls thinking about building relationships before specifically diving into the topic of dating.

WHAT YOU NEED:

- One chair for each girl
- One copy of Appendix 8-C "Speed Friending Questions"
- A timer or stopwatch (a smart phone will work)

WHAT TO DO:

- Line the chairs up in two straight rows with chairs facing each other.
- Invite each girl to sit in a chair. They will now be arranged in pairs, with girls partnered with the person across from them.
- Ask one "speed friending" question and then give two minutes for the friends to respond to the question, about one minute per person.
- When the two minutes is up, have girls in only one row stand up and move to the chair to their right (the person at the end with no chair on their right will walk to the other side of the row, filling in the empty chair. Girls in the other row stay stationary. Girls will now have a different partner.



- Ask another “speed friending” question, allowing another two minutes for girls to answer.
- Have girls in one row move to the right again. Ask another question. Continue until girls return to their original partner, or until you are out of questions.

PAIR UP

This is another fun launch activity into a discussion on dating. Feel free to use this on its own, instead of Speed Friending, or along with the Speed Friending activity, depending on how much time you have.

WHAT YOU NEED:

- 1 copy of Appendix 8-D, cut into rectangles (We have provided enough for 10 girls – please add extra famous couples if you need more.)
- Tape

WHAT TO DO:

- Tape one character label to each girl’s back, making sure they don’t see what is written on it.
- Girls will ask their friends “yes/no” questions about the character’s name on their back in an attempt to guess who it is.
- When they have determined what character is on their back, they must find the girl who has a character that matches.
- Once each girl has identified their character and which character matches them, bring girls together and ask them what each of the pairs has in common. (They are a romantic couple.)



DATING WISDOM

WHAT YOU NEED:

- A whiteboard, chalkboard, or chart paper
- Markers or chalk
- One copy of Appendix 8-E for each girl
- pens or pencils



Discussion Guide

Explain that today we are going to talk about dating. We're not here to tell you NOT to date, but rather want to help you date well when you do. While we recognize that not all of you are dating – and that's ok! – it can be helpful to talk about some healthy ways to go about dating to ensure that when you do date, you do so responsibly and wisely.

For today's purposes, we are going to define dating as any relationship where the other person means more to you than just being a good friend.

BE THE KIND OF PERSON YOU WOULD LIKE TO DATE

Perhaps the most famous passage in the Bible on love is 1 Corinthians 13. Let's read it through together. Based on this passage, how could we define love? (patient, kind, humble, etc.)

Write on the white board or chart paper the words “patience”, “Kindness”, “humility” and any other words your girls draw from 1 Corinthians 13. Spend some time describing what each of these look like in real life. Some examples are included below.

PATIENCE

- Your friend is too sarcastic with you in front of other people, but you hold your tongue and talk to her in private after.
- A teammate keeps messing up on the court, but you don't get angry at them.

KINDNESS

- - Your little brother is getting on your nerves, but you still help him with his homework.
- - You offer to take the garbage out after dinner, even though it's usually someone else's chore.

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- You offer to take the garbage out after dinner, even though it's usually someone else's chore.

HUMILITY

- You invite a student who is having a difficult time in class to be your lab partner, even though it might mean the assignment takes longer.
- Letting someone go ahead of you in line.
- Holding the door open for someone.

When it comes to dating, becoming the right person is just as important as finding the right person. We should be people we think are dateable! If love is patient, kind, humble, etc., then we should do our best to be people who live this out in all aspects of our life.



DON'T SETTLE FOR LESS

We also want to be sure we don't just date anyone, but that we date those who also live out truths from 1 Corinthians 13 in their lives. It can be helpful to write down some non-negotiables when it comes to a dating partner so that if we find ourselves in a position of infatuation we can go back to the list we wrote with a clear mind.

Using Appendix 8-E, spend a few minutes writing down some must-haves when it comes to a dating partner. Do they need to be a Christian? Do they need to make school a priority? Do they need to be kind? It doesn't have to be a long list, but it should include a few things that are going to be most important in a dating partner.

Allow about five minutes for girls to consider their list.

DON'T BECOME OBSESSED



It's also important to make sure that whomever you date doesn't become the only important thing in your life.

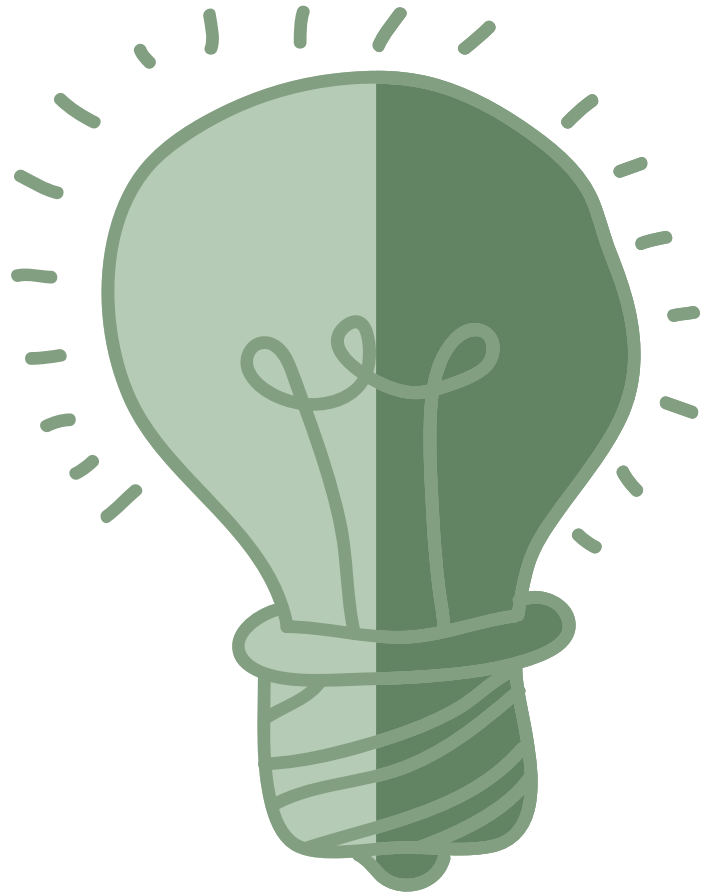
On the whiteboard or chart paper, draw a horizontal line with tick marks evenly spread out from left to right. Write the word "interest" on the left end of the line and write the word "obsession" on the right end of the line.

Ask girls to give some examples of what interest and obsession would look like in real life (interest – following someone on social, saying hi to them in the hall; obsession – liking every one of their social posts, choosing all of your courses so that you can be in class with them always rather than picking courses that you like etc.)

GET A WISE OPINION

When it comes to our dating relationships, we want to ensure we are staying somewhere in the middle of this spectrum – we do not want to hit obsession, or we know the relationship has become unhealthy.

It can be helpful to talk to people you trust about a prospective dating relationship. Ask a friend who has your best interests at heart, a mentor, or an older sibling if they think the person you are interested in would be a good match for you – and then be honest with yourself as well.



GET GOD INVOLVED

Finally, pray for wisdom in your dating relationships, and keep God in the center of all you do.

OPTION: End by playing the song “Build My Life” by Housefires. Ask what it would look like to truly build your life (including your dating life) upon God’s love?

Speed-Friending Questions

1

If you won the lottery, how would you choose to spend the money?

2

What hurts your feelings?

3

What was something that made you laugh today?

4

If you could be any animal, which one would you be?

5

If you could live anywhere in the world, where would you live?

Speed-Friending Questions

6

What is your favourite song right now? What do you like about it?

7

What is the last thing you bought with your own money?

8

Where do you go shopping for your clothes?

9

What's the weirdest food you've ever eaten?

10

What is your dream job?

Leia
Organa

Han
Solo

Princess
Jasmine

Aladdin

Lois
lane

Superman

Cinderella

Prince
Charming

Repunzel

Flynn
Ryder

My Dating List

These are my non-negotiables. Anyone I date must have the following characteristics or qualities:.

